

# CENTRAL PA HEALTH CARE QUALITY UNIT NEWSLETTER FOR HEALTHY OUTCOMES

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## THE DAY OF WELLNESS WAS A SUCCESS



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Upcoming HCQU Training Events

On October 19<sup>th</sup> CMSU Mental Retardation Services and the Central PA Health Care Quality Unit, in collaboration with Danville State Hospital presented a free community Health Fair called, "Wellness is for Everyone." Over 242 people from 5 different counties attended the fair and had the opportunity to visit 37 different vendors, hear music, and have free screenings and massages. Door prizes were given and healthy food was offered to make it a fun time for all that attended. Debby Provenchar, APD won the Burk Bear.

*Pictures from left to right: Vendors, Cheryl Callahan, HCQU RN and Karen Dombroski, CMSU MH/MR program, vendors, Mark Reeves with his mentor and augmentative communication device.*

*The information offered in this newsletter is to increase your awareness of health related conditions and situations and not intended to be a substitute for professional medical advice.*